

# MILL

plant based\* vegetarian<sup>o</sup>

MONDAY - SATURDAY 12-9PM |  
SUNDAY & BANK HOLIDAYS 12-7PM

DAILY SPECIALS | CHEFS' PICKS (THU - SUN)  
| SANDWICHES & AFTERNOON TEA ALSO AVAILABLE

WE COOK EVERYTHING FRESH TO ORDER SO THERE MAY BE A WAIT DURING BUSY PERIODS. WE'LL DO OUR BEST TO KEEP YOU INFORMED BUT REST ASSURED, WE'LL BE WORKING AS FAST AS WE CAN AT ALL TIMES!

SERVICE: PRESS YOUR TABLE BUZZER IF AVAILABLE AND WE'LL COME TO YOU. DON'T WORRY ABOUT TABLE NUMBERS - THERE AREN'T ANY!

## LITTLE ONES

MAIN + ICE CREAM FOR 6.5

**BUTTERMILK CHICKEN GOUJONS**  
peas, fries

**CHEESE BURGER**  
carrot & cucumber, fries

**FISH GOUJONS**  
peas, chips

**GNOCCHI ALLA PANNAR<sup>o</sup>**  
herby 'parmesan' flora cream, garlic ciabatta

## SMALL PLATES

**FRENCH ONION SOUP\*** 6.5  
'cheese' croutons, crispy cheese

**CHICKEN LIVER PARFAIT** 6.5  
sour cherry compote, sourdough

**PANI PURI SHELLS<sup>o</sup>** 6.5  
goats' cheese mousse, pickled beetroot carpaccio

**MUSHROOMS ON TOAST<sup>o</sup>** 7.5  
miso & brown butter hollandaise, crispy hens egg

**LEMON PEPPER CALAMARI** 7.5  
pink peppercorn & caper mayonnaise, dressed rocket, caper berries

**BEETROOT HUMMUS\*** 7  
black olive crumb, sourdough, pea shoots, pomegranate

LOOKING TO  
BOOK A  
PRIVATE  
EVENT? SPEAK  
TO OUR TEAM  
TODAY!

## SIDES

**BEER BATTERED ONION RINGS** 3.5

**GRANGE BAKERY GARLIC CIABATTA<sup>o</sup>** 3.5

**HAND CUT CHIPS\*** 3.5

**FRIES\*** 3.5

**VEG BOWL\*** 3.5

**ROCKET, SPINACH & PARMESAN SALAD** 3.5

## BURGERS

ALL SERVED IN A PRETZEL BUN WITH SHREDDED LETTUCE, TOMATO & FRIES

**BEEF MARROW SMASH BURGER** 15.5  
2x 3oz patties, gherkin, onion rings, beer cheese sauce

**CHICKEN NACHO BURGER** 15  
nacho crumbed chicken breast, jalapeño slaw, onion rings, nacho cheese sauce,

**BUBBLE & SQUEAK BURGER<sup>o</sup>** 14.5  
burger sauce, fried egg

**MOVING MOUNTAINS BURGER\*** 15  
'mozzarella', red onion, gherkin mayonnaise

## MAIN PLATES

**SUN BLUSHED TOMATO RISOTTO\*** 15  
Arborio rice, garlic & sun blushed tomato, passata, olive tapenade, 'parmesan' crisp

**CHICKEN KIEV** 17  
confit garlic, pan-roasted chicken breast, chicken leg bonbon, pommes anna, charred corn, sweetcorn purée, carrots, tender stem broccoli, white wine & garlic cream sauce

**MOULES-FRITES** 14.5  
Shetland mussels, tomato, chilli & garlic sauce, salted fries, Grange Bakery bread

**FISH & CHIPS - BLONDE OR BROON** 16  
Blonde: haddock in a Lancaster Brewery Blonde batter **OR** Broon: smoked haddock in Lancaster Brewery Amber batter, hand cut chips, mushy peas, tartar sauce

**STONE BASS** 17  
pan-fried stone bass, seafood chowder, carrots, new potatoes, peas, sweetcorn, crispy kale

## PIES

OUR PROPER HOMEMADE PIES COME WITH MUSHY PEAS **OR** MARKET VEGETABLES & HAND CUT CHIPS **OR** MASHED POTATO

**STEAK & ALE** 16  
local shin steak, Wainwright real ale, beef jus

**PORK & STORNOWAY BLACK PUDDING** 16  
apple glaze, cider jus

**CHICKEN, ROASTED PEPPER & CHORIZO** 16  
paprika & garlic velouté

**ROOT VEGETABLE DAHL<sup>o</sup>** 16  
korma sauce

**TRIO OF CARTMEL VALLEY SAUSAGES** 16  
• pheasant, honey & mustard  
• pork, stilton & mango  
• Cumberland & black pudding champ, mash, market vegetables & onion jus

**RAS EL HANOUT WHOLE ROASTED CAULIFLOWER\*** 15  
whole roasted cauliflower, dhal purée, harissa spiced chickpeas, chargrilled tender stem broccoli, crispy onions, curry oil

ROAST  
DINNERS  
14

JOIN US EVERY  
SUNDAY FOR A  
CHOICE OF MEATS ON  
THE SPECIALS BOARD

BOOK A TABLE OR  
TURN UP ON THE DAY!

## FROM THE GRILL

ALL SERVED WITH CHARRED GREENS, CONFIT ONIONS, FRIES OR CHIPS + PEPPERCORN **OR** BLUE CHEESE SAUCE

**HANDCUT RIBEYE STEAK (MINIMUM 8OZ)** 22

**CHICKEN SUPREME** 15

**MINTED LAMB STEAK** 18

**MIXED GRILL** 25

lamb chop, gammon, sirloin, pork loin, Cumberland sausage, black pudding & two fried eggs

## SWEET STUFF

**STICKY TOFFEE PUDDING<sup>o</sup>** 7  
salted caramel sauce, vanilla ice cream

**CITRUS BRÛLÉE<sup>o</sup>** 7  
orange brûlée, vanilla sponge, passion fruit & prosecco gel

**LEMON MERINGUE CHOUX BUN<sup>o</sup>** 7  
Choux bun, lemon curd, meringue shards, marshmallow, lemon sorbet

**CHEESE & BISCUITS<sup>o</sup>** 9  
selection of Cumbrian cheese, fennel & sea salt water biscuits, cheese scone, grapes, chutney +50ml cockburn port £2.95

**MOCHA FONDANT<sup>o</sup>** 8  
chocolate & coffee fondant, coffee cream, almond crumb *please allow up to 15 minutes*

**SELECTION OF ICE CREAM FROM THE HANDMADE ICE CREAM CO.<sup>o</sup>** 5  
please ask for today's flavours

**RICE PUDDING\*** 7  
cinnamon, poached pear, ginger biscuit

WALK-INS WELCOME | CHEFS' PICKS & DAILY SPECIALS | DOG FRIENDLY

Food allergies and/or intolerances: please let us know of any and all food allergies/intolerances when placing your order, even if they do not seem relevant to the dish you are ordering. We prepare all food in areas where allergens are handled so cannot guarantee there will be no cross-contamination. If you would like to see our allergen menu, wish to discuss the ingredients we use or whether we can make substitutions to dishes please ask a member of staff.

WWW.MILL-AT-ULVERSTON.CO.UK    01229 581384

